

# DEPARTMENT OF MENTAL HEALTH

## FINANCIAL SUMMARY

	FY 2004 EXPENDITURE	FY 2005 APPROPRIATION	FY 2006 REQUEST	GOVERNOR RECOMMENDS FY 2006
Office of the Director	\$ 38,521,253	\$ 44,198,119	\$ 55,911,860	\$ 47,101,050
Information Technology	0	0	0	10,406,083
Division of Alcohol and Drug Abuse	79,632,735	116,358,040	103,038,786	90,977,127
Division of Comprehensive Psychiatric Services	339,411,406	379,853,651	379,820,038	361,911,072
Division of Mental Retardation and Developmental Disabilities	400,242,008	432,668,179	459,635,688	405,237,966
<b>DEPARTMENTAL TOTAL</b>	<b>\$ 857,807,402</b>	<b>\$ 973,077,989</b>	<b>\$ 998,406,372 *</b>	<b>\$ 915,633,298</b>
General Revenue Fund	502,633,401	521,575,544	531,749,450	480,696,656
Federal Funds	323,198,393	415,464,229	431,188,784	399,453,519
Mental Health Intergovernmental Transfer Fund	8,859,074	10,000,000	11,000,000	11,000,000
General Revenue Reimbursements Fund	1,765,496	4,544,329	0	0
Compulsive Gamblers Fund	277,136	454,188	454,188	454,550
Health Initiatives Fund	5,655,035	5,969,395	5,831,159	5,833,291
Mental Health Earnings Fund	3,665,222	3,715,800	3,715,800	3,716,735
Healthy Families Trust Fund - Health Care Account	2,077,681	2,077,681	2,040,168	2,040,168
Healthy Families Trust Fund - Tobacco Prevention Account	300,000	300,000	300,000	300,000
Mental Health Trust Fund	9,375,964	8,976,823	12,126,823	12,138,379
<b>Full-time equivalent employees</b>	<b>9,772.07</b>	<b>9,378.96</b>	<b>9,417.21</b>	<b>8,399.50</b>

\* Does not include \$500,000 recommended in the Fiscal Year 2005 Supplemental Appropriations. See the Supplemental section of the Missouri Budget for details regarding Department of Mental Health supplemental appropriations.

## POLICY SUMMARY

Governor Blunt's budget for Fiscal Year 2006 provides \$915.6 million for the Department of Mental Health. The primary focus for the department is to provide effective, consumer-friendly services to Missourians challenged by substance addiction, mental illness, and developmental disabilities. Core services provided by the Department of Mental Health include:

- Providing substance abuse prevention, education, intervention, and treatment. The Division of Alcohol and Drug Abuse strives to have a positive impact on the problems that are associated with substance abuse and other addictions – problems that cost the state's economy in lost productivity, health care expenditures, and crime.
- Offering prevention, evaluation, treatment, and rehabilitation services for individuals and families requiring public mental health services. One in four families in Missouri is affected by mental illness. While many persons with mental illnesses seek and obtain treatment from private health care providers, more than 70,000 people each year turn to the Department of Mental Health's Division of Comprehensive Psychiatric Services. The division also operates forensic and sexual violent predator programs that protect the public from those clients committed to state facilities by the courts.
- Improving the lives of persons with developmental disabilities – those who are substantially limited in their ability to function independently. The Division of Mental Retardation and Developmental Disabilities has a commitment to build partnerships that support individuals with developmental disabilities and their families in meeting their own unique needs. This is accomplished through a person-centered planning process designed to provide programs and services, enabling clients to live in the safest, least restrictive setting given their individual needs and capabilities.

## **DEPARTMENT OF MENTAL HEALTH**

### **POLICY SUMMARY (Continued)**

#### **Improving Services to Children with Mental Health Needs**

In Missouri, there are an estimated 90,000 children that need mental health services. Since the passage of SB 1003 in 2004, children are no longer placed in the state's custody if their only need is mental health services. The department has identified 112 such children who have been, or are in the process of being returned to their families. To provide child-centered, family-focused mental health services, the Governor recommends:

- \$7.5 million in continued funding to support the statewide implementation of integrated services in the new children's mental health services system of care.
- \$653,582 to serve an additional 2,154 children with mental health needs through the Medicaid Program.

#### **Protecting the Public**

Most Missourians with mental disabilities pose no threat to others, but the department helps to ensure public safety by treating persons whose mental disabilities make them dangerous to themselves or others and housing individuals judged to be sexually violent predators. The Governor's Fiscal Year 2006 budget includes:

- \$1.3 million for a new 17-bed sexually violent predator treatment unit at the Southeast Missouri Mental Health Center. This will keep additional sexual offenders locked up and out of Missouri communities.

#### **Providing Access to Community Life for Persons with Developmental Disabilities**

The Division of Mental Retardation and Developmental Disabilities (MRDD) habilitation centers provide housing and care to 1,375 residents. Many of these individuals could live in a less restrictive placement in their community instead of a state institution. Governor Blunt supports the implementation of a public-private partnership to serve clients in their home communities, including:

- A public-private partnership for three MRDD Independent Supported Living sites allowing 69 clients to choose state contracted providers within their home communities.
- Closure of the state-operated Bellefontaine Habilitation Center. The closure of this large, outdated facility will give 344 persons with developmental disabilities the opportunity to choose individualized services in community-based settings from private providers contracted by the state.

## **DEPARTMENT OF MENTAL HEALTH**

### **OFFICE OF THE DIRECTOR**

The Department of Mental Health establishes policies, standards, and quality outcomes for prevention, education, habilitation, rehabilitation, and treatment for Missourians challenged by mental illness, substance abuse/addiction, and developmental disabilities. The department implements policy and programs through three program divisions -- Comprehensive Psychiatric Services, Mental Retardation and Developmental Disabilities, and Alcohol and Drug Abuse. Services are provided through an array of community-based programs and outpatient clinics, inpatient hospitals, long-term rehabilitation centers, and habilitation centers. The department operates under the advice of a seven-member Mental Health Commission appointed by the Governor.

The Office of the Director implements the plans and policies of the Mental Health Commission and manages the department. Its Office of Consumer Affairs represents consumer and family viewpoints in decision and policy development. The Office of Legislative Liaison reviews and analyzes state and federal legislation that pertains to services provided by the department and assists the program and support divisions with policy review and implementation. The General Counsel assists in litigation and represents the department at hearings, pleadings, briefings, waiver summons, and subpoenas. The Office of Administration provides management and fiscal support, including the annual budget, capital improvements, accounting, building maintenance and management, revenue management, contracting, purchasing, and general services. The Office of Quality Management provides a variety of oversight and support functions which include: financial and compliance audits, abuse and neglect investigations, licensure and certification reviews, health care consultation, nursing home reform administration, administrative hearings/appeals, regulatory process and review, and maintenance of Health Insurance Portability and Accountability (HIPAA) compliance. The Office of Human Resources coordinates department-wide personnel, labor relations, and other related functions. The Office of Public Affairs disseminates information to reduce stigma and raise awareness about mental health programs and services and assists the divisions and facilities in such activities. The Office of Information Systems is responsible for information technology within the department.

The Office of the Director also administers several department-wide activities. These include refunding overpayments by private payers and insurers, tracking the use of private donations to the department, and administering federal grants.

#### **Fiscal Year 2006 Governor's Recommendations**

- \$2,500,000 federal and other funds to capture additional Medicaid earnings.
- \$65,838 for pay plan, including \$51,241 general revenue.
- \$7,580,661 federal funds and five staff reallocated from various divisions.
- (\$7,127,339) and (75.4) staff reallocated for information technology resources that will be administered by the Office of Administration, including (\$5,123,434) general revenue.
- (\$62,709) and (one) staff in core reduction from the Fiscal Year 2005 appropriation level, including (\$57,709) general revenue.
- (\$53,520) and (one) staff reallocated to the Division of Comprehensive Psychiatric Services.

### **INFORMATION TECHNOLOGY**

Governor Blunt has ordered that management of state information technology resources be consolidated under the Office of Administration. This should result in enhanced service at a lower cost. For Fiscal Year 2006, information technology resources will be reallocated to a new section within the department's budget that will be under the control of the Office of Administration.

#### **Fiscal Year 2006 Governor's Recommendations**

- \$25,200 for information technology resources related to an expansion of the Missouri Sexual Predator Treatment Center.
- \$61,421 for pay plan, including \$60,526 general revenue.
- \$10,319,462 and 144.92 staff reallocated for information technology resources that will be administered by the Office of Administration, including \$8,234,068 general revenue.

## **DEPARTMENT OF MENTAL HEALTH**

### **DIVISION OF ALCOHOL AND DRUG ABUSE**

The Division of Alcohol and Drug Abuse (ADA) has the responsibility of ensuring that treatment and prevention services are accessible to persons with substance abuse and gambling disorders, and those at risk for substance abuse and compulsive gambling. The division achieves these goals through a treatment system of contracted community-based providers and state-operated facilities and contracts for 35 general treatment service programs and 43 Comprehensive Substance Treatment and Rehabilitation programs (CSTAR). The general treatment service programs offer an array of services, including detoxification from drugs and alcohol, residential treatment, and outpatient treatment. The CSTAR programs offer comprehensive services through three levels of care based on need and severity of addiction. The division has established 12 CSTAR programs specifically for pregnant women and their children and 14 programs specifically for adolescents. The division's administrative responsibilities include, but are not limited to, fiscal oversight, technical assistance and training, standard setting to ensure quality services, research, public information dissemination, clinical review and service authorization, review and oversight of the division's budget, and program planning and policies for prevention and treatment services. Missouri receives federal funds from the Substance Abuse Prevention and Treatment Block Grant, the Center for Substance Abuse Treatment, and the U.S. Department of Education.

#### **Fiscal Year 2006 Governor's Recommendations**

- \$1,147,840 for anticipated caseload increases in Medicaid treatment services, including \$426,095 general revenue.
- \$163,842 federal funds for a Medicaid federal match adjustment.
- \$51,474 for pay plan, including \$22,115 general revenue.
- (\$26,392,360) federal and other funds core reduction from the Fiscal Year 2005 appropriation level, including (\$10,993,443) general revenue.
- (\$166,696) transferred to the Office of Administration for fringe benefits.
- (\$128,796) federal funds and (three) staff reallocated to align the core budget.
- (\$56,217) reallocated for information technology resources that will be administered by the Office of Administration, including (\$700) general revenue.

## DEPARTMENT OF MENTAL HEALTH

### DIVISION OF COMPREHENSIVE PSYCHIATRIC SERVICES

The Division of Comprehensive Psychiatric Services (CPS) is charged with the delivery of psychiatric services to individuals with mental illness throughout the State of Missouri.

Missouri's mental health system is committed to serving four target populations: persons with serious and persistent mental illness, persons suffering from acute psychiatric conditions, children and youth with serious emotional disturbances, and forensic clients. In addition, CPS has identified four priority groups within the target populations: (1) individuals in crisis, (2) people who are homeless, (3) those recently discharged from inpatient care, and (4) substantial users of public funds. These target populations currently constitute the majority of clientele whom the division serves both in inpatient and ambulatory settings.

The division divides Missouri into 25 service areas. Each service area has a community mental health center which provides psychiatric services to individuals in need and is designated as the division's administrative agent. These administrative agents serve as the primary entry and exit point for state mental health services. The agents are responsible for the assessment and services provided to both adults and children in their assigned areas and for providing follow-up services for individuals released from state-operated inpatient hospitals.

CPS operates eight adult inpatient facilities, one children's psychiatric hospital, and one children's residential center. There are two additional 10-bed children's acute units at two of the adult inpatient facilities. The division also operates and oversees a program for sexually violent predators committed to state custody by the court.

Facility	Total Staffed Beds	Forensic and Corrections Beds
Fulton State Hospital	464	433
Northwest Missouri Psychiatric Rehabilitation Center	108	86
St. Louis Psychiatric Rehabilitation Center	196	155
Hawthorn Children's Psychiatric Hospital	52	0
Metropolitan St. Louis Psychiatric Center	115	0
Mid-Missouri Mental Health Center	69	0
Southeast Missouri Mental Health Center	168	90
Western Missouri Mental Health Center	205	0
Missouri Sexual Offender Treatment Center	99	0
Southwest Missouri Psychiatric Rehabilitation Center	24	0
Cottonwood Residential Treatment Center	32	0
Total	1532	764

### Fiscal Year 2006 Governor's Recommendations

- \$5,830,797 for anticipated caseload increases in Medicaid treatment services, including \$2,206,808 general revenue.
- \$1,292,938 and 37.25 staff for a 17-bed ward expansion for the Sexual Offender Program.
- \$725,736 federal funds for a Medicaid federal match adjustment.
- \$335,346 for Medicare premiums for clients found not guilty by reason of insanity.
- \$150,000 for fuel and utilities.
- \$50,000 federal funds and one staff for a data infrastructure expansion.
- \$1,357,561 for pay plan, including \$1,308,363 general revenue.
- \$53,520 and one staff reallocated from the Office of the Director for dietary support at Fulton State Hospital.
- (\$18,418,330) core reduction from the Fiscal Year 2005 appropriation level, including (\$15,776,917) general revenue.
- (\$7,451,865) federal funds and (two) staff reallocated to the Office of the Director for the new children's mental health services system of care.
- (\$1,759,733) and (39) staff reallocated for information technology resources that will be administered by the Office of Administration, including (\$1,755,233) general revenue.
- (\$108,549) core reduction for one-time expenditures.

## DEPARTMENT OF MENTAL HEALTH

### DIVISION OF MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES

The Division of Mental Retardation and Developmental Disabilities operates several facilities and purchases residential, habilitative, and support services for consumers who live in the community and for families who keep their developmentally disabled children at home. This is a key element in the development of an integrated system that will enable mentally retarded and developmentally disabled consumers to live as normally and independently as their conditions and behavior permit. Community-based services range from residential placements to support services for persons living with their families or in their own apartments. The Medicaid home- and community-based waivers play a major role in the division's community service system. The 11 regional centers are the entry and exit points for consumers. The centers provide screening and diagnostic services for both children and adults, evaluate the need for services and arrange for them, and monitor and assess consumers' progress.

The division provides residential services at the six state habilitation centers. These centers offer training and habilitation for consumers who cannot move into community settings because of the severity of their disabilities or for behavioral reasons. Those who can make the change are eventually moved into community settings, with the goal of integrating them as fully as possible into normal community life. The following table shows the number of beds in the habilitation centers.

Facility	Total Staffed Beds
Bellefontaine Habilitation Center	356
Higginsville Habilitation Center	125
Marshall Habilitation Center	287
Nevada Habilitation Center	140
St. Louis Developmental Disabilities Treatment Center	214
Southeast Missouri Residential Services	86
Habilitation Center Clients in Community Settings	167
Total	1375

### Fiscal Year 2006 Governor's Recommendations

- \$9,413,095 for anticipated caseload increases in Medicaid treatment services, including \$2,601,111 general revenue.
- \$9,125,000 federal and other funds for expansion of the Mental Health Trust Fund.
- \$1,614,875 federal funds for a Medicaid federal match adjustment.
- \$968,777 for pay plan, including \$825,287 general revenue.
- (\$47,175,787) and (1,016.71) staff in core reduction from the Fiscal Year 2005 appropriation level, including (\$23,080,604) general revenue.
- (\$1,376,173) and (30.52) staff reallocated for information technology resources that will be administered by the Office of Administration, including (\$1,354,701) general revenue.